

The Grumpy Monk



STARTERS

CRAB DIP

Fresh crab, spicy blend of cheeses, tortilla chips.....**9.99**

BUFFALO CHICKEN DIP

Tortilla chips, Buffalo sauce, cream cheese, fresh mozzarella.....**8.99**

CHIPS & QUESO

Tortilla chips, house made queso.....**8.99**

SOUTHWEST SPRING ROLLS

(2) Blackened chicken, cheddar cheese, bacon, spinach, side of chipotle ranch.....**7.5**

SOUTHERN PICKLES

Fresh pickle chips hand battered and fried served with house made ranch.....**7.5**

FRIED GREEN BEANS

Fresh green beans lightly battered, flash fried and served with house made ranch.....**7.5**

FRIED GREEN TOMATOES

(5) Freshly cut and lightly fried, served with sweet and spicy house sauces.....**8.99**

*NA-NA NACHOS

House fried tortilla chips, queso, lettuce, jalapeños, pico de gallo, cold cilantro lime sauce choice chicken or shaved steak.....**10.99**

ZIPPY SHRIMP

Hand breaded and fried East coast shrimp tossed in a sweet and spicy house sauce.....**8.99**

MONK TURDS

Fresh jalapeño, cream cheese, bacon, panko bread crumbs and lightly fried.....**8.99**

POUTINE APPETIZER

A mound of French fries covered in house made gravy and American cheese.....**8.5**

BIG OL' PRETZEL

Huge Bavarian pretzel topped with pure Bavarian salt. Served with yellow mustard and house queso. Share with friends!.....**12.99**

FAMOUS WINGS

(8) House rubbed, hickory smoked and fried.....**SEE SERVER**
Heads up! Monk wings may contain a pink hue from smoking

WING FLAVORS

Savory

Garlic Parm BBQ General Tso
Tsunami Nola Carolina Tang
Thai-Honey Butter Teriyaki Chili-Garlic
Maple Chipotle BBQ

Spicy

Hot Monk Fire
Medium Hot-Yaki
Hot-Parm Mango Habanero
Sweet Bourbon Hot

Dry Rub

Lemon Pepper
Old Bay
Double House Rub
Hot Lemon Pepper

**Wings may come out darker than expected. The dark color comes from caramelization while cooking
Monk wings are not traditional Buffalo-style wings. Please no all drums or all flats requests.**

BUILD YOUR OWN SALAD

Pick One **10.99**

Iceberg

Mixed Greens

Romaine

Select Four

Want extra? .99 each

Mozzarella cheese
Provolone cheese
Feta Cheese
Parmesan cheese
Shredded cheddar
Pepperjack cheese

Strawberries
Red onion
White onion
Black olives
Sunflower seeds
Blue cheese crumbles

Cucumbers
Mushrooms
Banana peppers
Hard boiled egg
Candied pecans
Walnuts

Craisins
House made croutons
Fresh jalapenos
Celery
Tomato
Green Peppers

Your Choice

Base Price + Protein

Chicken..4.25 Grilled/Fried/Blackened
Shrimp..4.75 Grilled/Fried/Blackened
CAB Shaved Ribeye..4.75
Impossible beef..6

Ham-Turkey-Provolone roll..3.99
Pepperoni-Salami-Provolone roll..3.99

Freshly sliced turkey..3.99
Freshly sliced ham..3.99
House-cut pepperoni..3.25
House-cut salami..3.25

Add One

Caesar
Peppercorn ranch
Honey mustard

1000 Island
Bleu cheese

VEGAN & VEGETARIAN
APPROVED
Want extra? .99 each



Strawberry Vin
Balsamic Vin
Cabernet Vin

Greek Vin
House blended
oil & vin

COLD SAMMICHS WRAPS

"Believe in yourself, dream, try, do good." - Mr. Feeny

MY ITALIAN MAMA

1/2lb of freshly cut pepperoni, salami, and capicola topped with lettuce, tomato, onion, roasted red pepper, provolone, oil and balsamic vinegar.....**13.99**

THE BARNYARD

Freshly sliced roast beef, turkey, and ham, topped with bacon, lettuce, tomato, American cheese, mayo, and onion.....**14.99**

OLD MACDONALD CLUB

Double decker club stuffed with freshly sliced turkey, ham, bacon, lettuce, tomato, American cheese, mayo, and onion served on toasted white bread.....**13.99**

THE MR. BEEFY

1/2lb freshly sliced roast beef, served cold with cheddar, lettuce, tomato, onion and horseradish mayo...**12.99**



Funky Grilled Cheese

THE HOT GRANDMA

Fried green tomatoes, cheddar, Swiss cheese, bacon, spicy aioli.....**12.99**

PHILLY CHEESE GRILLED CHEESE

CAB Shaved steak, peppers, onions, cheddar cheese.....**12.99**

MAC & CHEESE GRILLED CHEESE

Creamy house made mac and cheese, bacon bits, toasted white bread.....**12.99**

CALIFORNIA BLT GRILLED CHEESE

Avocado, bacon, lettuce, tomato, ranch, mozzarella.....**12.99**

THE MEDITERRANEAN

Black olives, feta cheese, red onions, spinach, roasted red peppers.....**12.99**

BLT WRAP

Applewood smoked bacon, lettuce, tomato, spicy aioli....**11.99**

TURKEY WRAP

Freshly sliced turkey, lettuce, tomato, onion, Swiss cheese, house made pesto-mayo.....**11.99**

CLUCK OINK RANCH WRAP

Fried chicken, bacon, cheddar cheese, lettuce, tomato, onion and house made ranch all rolled in a soft tortilla....**12.99**

GET HIM TO THE GREEK WRAP

Grilled chicken, black olives, mixed greens, feta cheese, cucumber, olive oil.....**12.99**

Proudly a
local
Thanksept
for
eating local.

KIDS

\$6.50

10 & Under

PICK ONE

Cheeseburger
Chicken Fingers
Grilled Cheese
Mac & Cheese

PICK ONE

Fries
Tots
Apple Sauce

INCLUDED

Soda, Tea, Water
(Free Refills)

OPTIONAL

+\$0.25 Shirley Temple
+\$2 Milk
(No refills)



Don't
Forget To
Grab Your
Monk Shirt,
Hat or Hoodie

SIDE ITEMS

Fries, Tots, Side Salad,
Tropical slaw, Side Caesar

Included Sides



Premium Sides +\$1.5



Mac & Cheese
O-rings,
Daily Veg or Starch

BURGERS

"If you can dream it, you can do it." - Walt Disney

BURGER SCHOOL

Rare: Barely cooked, red, mooing
 Med-Rare: Somewhat cooked, reddish-pink, kinda mooing
 Medium: Most common, some pink, flavorful & juicy
 Med-Well: Tiny bit pink..if any. Approaching dry side
 Well: Nooo. Dry. Hockey puck. So long flavor.

Please don't order well done burger and complain it doesn't have any flavor

SAMMICHS

THE "DOUGIE"

(2) Hand breaded chicken tenders lightly fried and tossed in Buffalo sauce, covered in provolone and stuffed in a toasted hoagie with lettuce, tomato, onion and mayo.....**12.99**

*FRENCH DIPPER

Shaved Certified Angus Beef Ribeye, Swiss cheese, and sautéed onions, served in a toasted hoagie with a side of au jus.....**13.99**

*MONK WENT UP TO PHILLY

Cheddar cheese, peppers and onions.
 Choice of chicken or CAB shaved ribeye.....**13.99**

ATLANTIC FLOUNDER

Fresh Atlantic flounder lightly fried and served with tomatoes, lettuce, and house tartar sauce on a toasted hoagie.....**13.99**

MONK BUFFALO

All white chicken breast, fried or grilled and tossed in Buffalo sauce, provolone cheese, lettuce, tomato, onion.....**12.99**

SOUTHERN TRADITION

Pecan breaded fried chicken stuffed between two house made waffles, served with lettuce, tomato and drizzled in honey with a side of maple syrup.....**12.99**

SHRIMP PO'BOY

Fried East coast shrimp, lettuce, tomato and remoulade.....**13.99**

SUB IMPOSSIBLE BURGER +\$4

*RED WHITE AND BLUE

Classic American cheeseburger with lettuce, tomato, American cheese and onion.....**12.99**

*FAMOUS MONK BURGER

Pepperjack cheese, Applewood bacon, lettuce, tomato, onion and a creamy blend of peanut butter.....**13.99**

*AMERICAN PRIDE

Classic American cheeseburger with lettuce, tomato, American cheese and onion served with fries and five famous monk wings with your choice sauce.....**SEE SERVER**

*GUACAMOLE BURGER

A delicious spread of house made guacamole, cheddar cheese, bacon, lettuce, tomato and onion.....**13.99**

*RODEO BURGER

Dry rub seasoned burger with bacon, cheddar, spicy aioli, BBQ sauce, and an onion ring stuffed in the middle.....**13.99**

*JACK SPARROW BURGER

Caribbean seasoning, pepper jack cheese, mango chutney, banana peppers, lettuce, tomato, onion.....**13.99**

*BACON MUSHROOM SWISS

Sautéed mushrooms, bacon, Swiss cheese, lettuce, tomato, onion.....**13.99**

*HANGOVER BURGER

Cheddar cheese, Applewood bacon, lettuce, tomato, onion and an over easy egg.....**13.99**

CHIPOTLE BLACK BEAN BURGER

Traditional black bean burger with a little kick. Served with lettuce, tomato, onion and spicy aioli.....**12.99**



BEER IS MADE FROM HOPS



HOPS ARE PLANTS THEREFORE BEER=SALAD



The Grumpy Monk

SIDE ITEMS

Fries, Tots, Side Salad,
 Tropical slaw,
 Side Caesar Salad

Included Sides

Premium Sides +\$1.5

Mac & Cheese
 O-rings,
 Daily Veg or Starch



ENTREES

Entrees Include Two Sides

Eating local makes a difference. Thank you for being you.

SMOTHERED CHICKEN

(2) Grilled freshly blackened chicken breasts smothered in cheddar cheese, sautéed onions, peppers and mushrooms...**17.99**

CALABASH SEAFOOD PLATTER

A fresh plate of Calabash style hand battered and fried East coast shrimp and flounder.....**19.99**

HONEY PECAN CHICKEN

(2) Fresh boneless breasts encrusted in pecan breading, lightly fried and drizzled with sweet honey.....**17.99**

TERIYAKI GLAZED SALMON

6oz Atlantic salmon drizzled with Teriyaki sauce and covered with a pineapple-mango salsa.....**19.99**

CRAB STUFFED FLOUNDER

Fresh Atlantic flounder stuffed with blue lump crab and topped with herb cream.....**21.99**

***POUTINE MOUNTAIN**

Freshly sliced roast beef served open face and topped with fries, American cheese and gravy.....**15.99**

GREEK CHICKEN

Grilled chicken covered in roasted red peppers, black olives, spinach, tomatoes, feta cheese and greek dressing.....**16.99**

BIG KID CHICKEN FINGERS

(5) All white chicken tenders freshly dipped in buttermilk, hand breaded and golden fried. Add choice wing sauce...50.**14.99**

MAHI-MAHI TACOS

(2) Blackened Mahi-Mahi tacos covered with a pineapple mango blend and served over tequila-lime cabbage slaw.....**16.99**



**GRUMPY
MONK
CO.**
EST. 2015

Monk Secret

When we opened one of the owners hid a Buffalo Bills logo inside the restaurant. It still has not been found.

Craving Something Sweet?

Ask about our Death by Chocolate Cake
or Daily Offerings

SIDE ITEMS

*Fries, Tots, Side Salad, Tropical Slaw, Side Caesar, Mac & Cheese,
O-Rings, Daily Vegetable or Starch*