

# The Grumpy Monk

## STARTERS



### CRAB DIP

Fresh crab, spicy blend of cheeses, tortilla chips.....**9.99**

### BUFFALO CHICKEN DIP

Tortilla chips, Buffalo sauce, cream cheese, fresh mozzarella.....**8.99**

### CHIPS & QUESO

Tortilla chips, house made queso.....**8.99**

### SOUTHWEST SPRING ROLLS

(2) Blackened chicken, cheddar cheese, bacon, spinach, side of chipotle ranch.....**7.5**

### SOUTHERN PICKLES

Fresh pickle chips hand battered and fried served with house made ranch.....**7.5**

### FRIED GREEN BEANS

Fresh green beans lightly battered, flash fried and served with house made ranch.....**7.5**

### FRIED GREEN TOMATOES

(5) Freshly cut and lightly fried, served with sweet and spicy house sauces.....**8.99**

### \*NA-NA NACHOS

House fried tortilla chips, queso, lettuce, jalapeños, pico de gallo, cold cilantro lime sauce choice chicken or shaved steak.....**10.99**

### ZIPPY SHRIMP

Hand breaded and fried East coast shrimp tossed in a sweet and spicy house sauce.....**8.99**

### MONK TURDS

Fresh jalapeño, cream cheese, bacon, panko bread crumbs and lightly fried.....**8.99**

### POUTINE APPETIZER

A mound of French fries covered in house made gravy and American cheese.....**8.5**

### BIG OL' PRETZEL

Huge Bavarian pretzel topped with pure Bavarian salt. Served with yellow mustard and house queso. Share with friends!.....**12.99**

### FAMOUS WINGS

(8) House rubbed, hickory smoked and fried.....**SEE SERVER**  
**Heads up! Monk wings may contain a pink hue from smoking**

## WING FLAVORS

### Savory

Garlic Parm    BBQ    General Tso  
Tsunami    Nola    Carolina Tang  
Thai-Honey Butter    Teriyaki    Chili-Garlic  
Maple Chipotle BBQ

### Spicy

Hot    Monk Fire  
Medium    Hot-Yaki  
Hot-Parm    Mango Habanero  
Sweet Bourbon Hot

### Dry Rub

Lemon Pepper  
Old Bay  
Double House Rub  
Hot Lemon Pepper

**Wings may come out darker than expected. The dark color comes from caramelization while cooking**  
**Monk wings are not traditional Buffalo-style wings. Please no all drums or all flats requests.**

## BUILD YOUR OWN SALAD

**Pick One** 10.99

Iceberg

Mixed Greens

Romaine

**Select Four**

Want extra? .99 each

Mozzarella cheese  
Provolone cheese  
Feta Cheese  
Parmesan cheese  
Shredded cheddar  
Pepperjack cheese

Strawberries  
Red onion  
White onion  
Black olives  
Sunflower seeds  
Blue cheese crumbles

Cucumbers  
Mushrooms  
Banana peppers  
Hard boiled egg  
Candied pecans  
Walnuts

Craisins  
House made croutons  
Fresh jalapenos  
Celery  
Tomato  
Green Peppers

**Your Choice**

Base Price + Protein

Chicken...4.25 Grilled/Fried/Blackened  
Shrimp...4.75 Grilled/Fried/Blackened  
CAB Shaved Ribeye...4.75  
Impossible beef...6

Ham-Turkey-Provolone roll...3.99  
Pepperoni-Salami-Provolone roll...3.99

Freshly sliced turkey...3.99  
Freshly sliced ham...3.99  
House-cut pepperoni...3.25  
House-cut salami...3.25

**Add One**

Caesar  
Peppercorn ranch  
Honey mustard

1000 Island  
Bleu cheese

**VEGAN & VEGETARIAN**  
**APPROVED**  
Want extra? .99 each



Strawberry Vin  
Balsamic Vin  
Cabernet Vin

Greek Vin  
House blended  
oil & vin



COLD SAMMICHS

WRAPS

"Believe in yourself, dream, try, do good." - Mr. Feeny

MY ITALIAN MAMA

1/2lb of freshly cut pepperoni, salami, and capicola topped with lettuce, tomato, onion, roasted red pepper, provolone, oil and balsamic vinegar.....13.99

THE BARNYARD

Freshly sliced roast beef, turkey, and ham, topped with bacon, lettuce, tomato, American cheese, mayo, and onion.....14.99

OLD MACDONALD CLUB

Double decker club stuffed with freshly sliced turkey, ham, bacon, lettuce, tomato, American cheese, mayo, and onion served on toasted white bread.....13.99

THE MR. BEEFY

1/2lb freshly sliced roast beef, served cold with cheddar, lettuce, tomato, onion and horseradish mayo...12.99



Funky Grilled Cheese

THE HOT GRANDMA

Fried green tomatoes, cheddar, Swiss cheese, bacon, spicy aioli.....12.99

PHILLY CHEESE GRILLED CHEESE

CAB Shaved steak, peppers, onions, cheddar cheese.....12.99

MAC & CHEESE GRILLED CHEESE

Creamy house made mac and cheese, bacon bits, toasted white bread.....12.99

CALIFORNIA BLT GRILLED CHEESE

Avocado, bacon, lettuce, tomato, ranch, mozzarella.....12.99

THE MEDITERRANEAN

Black olives, feta cheese, red onions, spinach, roasted red peppers.....12.99

BLT WRAP

Applewood smoked bacon, lettuce, tomato, spicy aioli....11.99

TURKEY WRAP

Freshly sliced turkey, lettuce, tomato, onion, Swiss cheese, house made pesto-mayo.....11.99

CLUCK OINK RANCH WRAP

Fried chicken, bacon, cheddar cheese, lettuce, tomato, onion and house made ranch all rolled in a soft tortilla....12.99

GET HIM TO THE GREEK WRAP

Grilled chicken, black olives, mixed greens, feta cheese, cucumber, olive oil.....12.99

Proudly a  
local  
Thanksept  
for  
eating local.

KIDS

\$6.50

10 & Under

PICK ONE

Cheeseburger  
Chicken Fingers  
Grilled Cheese  
Mac & Cheese

PICK ONE

Fries  
Tots  
Apple Sauce

INCLUDED

Soda, Tea, Water  
(Free Refills)

OPTIONAL

+.25 Shirley Temple  
+\$2 Milk  
(No refills)



Don't  
Forget To  
Grab Your  
Monk Shirt,  
Hat or Hoodie

SIDE ITEMS

Fries, Tots, Side Salad,  
Tropical slaw, Side Caesar

Included Sides



Premium Sides +\$1.5



Mac & Cheese  
O-rings,  
Daily Veg or Starch



# BURGERS

"If you can dream it, you can do it." - Walt Disney

## BURGER SCHOOL

Rare: Barely cooked, red, mooing  
Med-Rare: Somewhat cooked, reddish-pink, kinda mooing  
Medium: Most common, some pink, flavorful & juicy  
Med-Well: Tiny bit pink..if any. Approaching dry side  
Well: Nooo. Dry. Hockey puck. So long flavor.

Please don't order well done burger and complain  
it doesn't have any flavor

## SUB IMPOSSIBLE BURGER +\$4

### \*RED WHITE AND BLUE

Classic American cheeseburger with lettuce, tomato,  
American cheese and onion.....12.99

### \*FAMOUS MONK BURGER

Pepperjack cheese, Applewood bacon, lettuce, tomato, onion  
and a creamy blend of peanut butter.....13.99

### \*AMERICAN PRIDE

Classic American cheeseburger with lettuce,  
tomato, American cheese and onion served with  
fries and five famous monk wings with your choice  
sauce.....SEE SERVER

### \*GUACAMOLE BURGER

A delicious spread of house made guacamole, cheddar  
cheese, bacon, lettuce, tomato and onion.....13.99

### \*RODEO BURGER

Dry rub seasoned burger with bacon, cheddar,  
spicy aioli, BBQ sauce, and an  
onion ring stuffed in the middle.....13.99

### \*JACK SPARROW BURGER

Caribbean seasoning, pepper jack cheese, mango chutney,  
banana peppers, lettuce, tomato, onion.....13.99

### \*BACON MUSHROOM SWISS

Sautéed mushrooms, bacon, Swiss cheese, lettuce, tomato,  
onion.....13.99

### \*HANGOVER BURGER

Cheddar cheese, Applewood bacon, lettuce, tomato, onion  
and an over easy egg.....13.99

### CHIPOTLE BLACK BEAN BURGER

Traditional black bean burger with a little kick. Served with  
lettuce, tomato, onion and spicy aioli.....12.99

# SAMMICHS

## THE "DOUGIE"

(2) Hand breaded chicken tenders lightly fried  
and tossed in Buffalo sauce, covered in  
provolone and stuffed in a toasted hoagie with  
lettuce, tomato, onion and mayo.....12.99

## \*FRENCH DIPPER

Shaved Certified Angus Beef Ribeye, Swiss  
cheese, and sautéed onions, served in a  
toasted hoagie with a side of au jus.....13.99

## \*MONK WENT UP TO PHILLY

Cheddar cheese, peppers and onions.  
Choice of chicken or CAB shaved ribeye.....13.99

## ATLANTIC FLOUNDER

Fresh Atlantic flounder lightly fried and served  
with tomatoes, lettuce, and house tartar  
sauce on a toasted hoagie.....13.99

## MONK BUFFALO

All white chicken breast, fried or grilled and  
tossed in Buffalo sauce, provolone cheese,  
lettuce, tomato, onion.....12.99

## SOUTHERN TRADITION

Pecan breaded fried chicken stuffed between  
two house made waffles, served with lettuce,  
tomato and drizzled in honey with a side of  
maple syrup.....12.99

## SHRIMP PO'BOY

Fried East coast shrimp, lettuce, tomato and  
remoulade.....13.99



**BEER IS MADE  
FROM HOPS**



**HOPS ARE PLANTS  
THEREFORE  
BEER=SALAD**



The Grumpy Monk

## SIDE ITEMS

Fries, Tots, Side Salad,  
Tropical slaw,  
Side Caesar Salad

Included Sides

Premium Sides +\$1.5

Mac & Cheese  
O-rings,  
Daily Veg or Starch



# ENTREES

*Entrees Include Two Sides*

*Eating local makes a difference. Thank you for being you.*

## SMOTHERED CHICKEN

(2) Grilled freshly blackened chicken breasts smothered in cheddar cheese, sautéed onions, peppers and mushrooms **17.99**

## CALABASH SEAFOOD PLATTER

A fresh plate of Calabash style hand battered and fried East coast shrimp and flounder..... **19.99**

## HONEY PECAN CHICKEN

(2) Fresh boneless breasts encrusted in pecan breading, lightly fried and drizzled with sweet honey..... **17.99**

## TERIYAKI GLAZED SALMON

6oz Atlantic salmon drizzled with Teriyaki sauce and covered with a pineapple-mango salsa..... **19.99**

## CRAB STUFFED FLOUNDER

Fresh Atlantic flounder stuffed with blue lump crab and topped with herb cream..... **21.99**

## \*POUTINE MOUNTAIN

Freshly sliced roast beef served open face and topped with fries, American cheese and gravy..... **15.99**

## GREEK CHICKEN

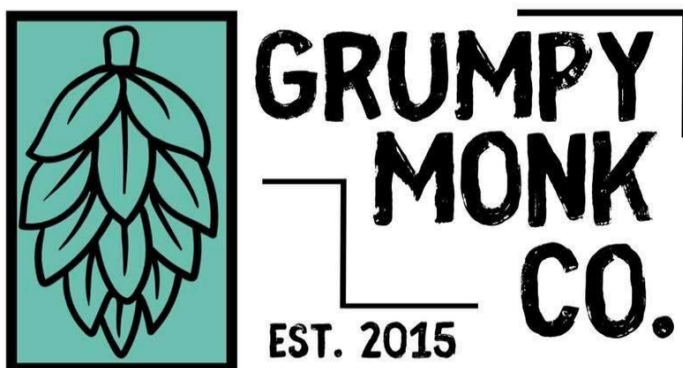
Grilled chicken covered in roasted red peppers, black olives, spinach, tomatoes, feta cheese and greek dressing..... **16.99**

## BIG KID CHICKEN FINGERS

(5) All white chicken tenders freshly dipped in buttermilk, hand breaded and golden fried. Add choice wing sauce...50. **14.99**

## MAHI-MAHI TACOS

(2) Blackened Mahi-Mahi tacos covered with a pineapple mango blend and served over tequila-lime cabbage slaw..... **16.99**



## Monk Secret

When we opened one of the owners hid a Buffalo Bills logo inside the restaurant. It still has not been found.

# Craving Something Sweet?

Ask about our Death by Chocolate Cake  
or Daily Offerings

# SIDE ITEMS

*Fries, Tots, Side Salad, Tropical Slaw, Side Caesar, Mac & Cheese,  
O-Rings, Daily Vegetable or Starch*